



DANCING ISLAND AMORGOS

10-18th June 2013

Summer School of dancing

PROGRAM

Tuesday 11th June 2013	Activities	Location
9.00 – 10.00 am	BREAKFAST	Aegialis Hotel & Spa
11.00 - 12.30 am	improvisation and dance composition (Beltrami)	Namaste Area
1.00 - 3.30 pm	LUNCH & FREE TIME	Beach/ Swimming-pool/Spa ☀️
3.30 - 5.30 pm	workshop with the musician Stamatis Giannakopoulos	Aegialis Hotel & Spa
5.30 - 8.00 pm	walking to Tholaria and visit	Tholaria
9.00 pm	DINNER	Aegialis Hotel & Spa TERRACE
10.00 pm	visit to Aegialis	Aegialis Harbour

Wednesday 12th June 2013	Activities	Location
7.30 - 9.00 am	dance energy breath (Bortoloso)	Namaste Area
9.00 - 9.45 am	BREAKFAST	Aegialis Hotel & Spa
10.00 - 11.30 am	contemporary dance technique (Bittante)	Namaste Area
11.45 am- 1.15 pm	improvisation and dance composition (Beltrami)	Namaste Area
1.30 - 3.30 pm	LUNCH & FREE TIME	Beach/Swimming-pool/Spa ☀️
4.00 pm	BUS to Lagada 🚌	
4.30 - 6.30 pm	workshop with the herbalist Vangelis Vassalos	Lagada
6.30 - 8.30 pm	visit to Lagada and walking at dawn in the valley of Lagada to the Panagia Panachoriana Church	Lagada
9.00 pm	BUS to Aegialis 🚌	
10.00 pm	DINNER	Aegialis Hotel & Spa
11.00 pm	REHARSAL	Namaste Area





Thursday 13th June	Activities	Location
9.00 - 9.45 am	BREAKFAST	Aegialis Hotel & Spa
10.00 - 11.30 am	improvisation and dance composition (Beltrami)	Namaste Area
11.45 am - 1.15 pm	contemporary dance technique (Bittante)	Namaste Area
1.30 pm- 4.00 pm	LUNCH & FREE TIME	Beach/Swimming-pool/Spa ☀️
5.00 – 7.30 pm	Workshop of Symbol on the beach (Bortoloso)	Beach
8.30 pm	DINNER	Aegialis Hotel & Spa
10.00 pm	REHARSAL	Namaste Area / Aegialis Harbour

Friday 14th June 2013	Activities	Location
7.30 - 9.00 am	dance energy breath (Bortoloso)	Namaste Area
9.00 - 9.45 am	BREAKFAST	Aegialis Hotel & Spa
10.00 - 12.00 am	review of the dance performances (Beltrami)	Namaste Area
12.15 - 1.45 pm	contemporary dance technique (Bittante)	Namaste Area
2.00 - 3.30 pm	LUNCH & FREE TIME	Beach / Swimming Pool/Spa ☀️
4.00 pm	Walking to Tholaria	Aegialis – Tholaria
5.00 – 7.30 pm	REHARSAL + conference with musician	Tholaria
9.00 pm	DINNER (Pita & Pizza)	Aegialis Hotel & Spa TERRACE
10.00 pm	Disco Night	Aegialis Hotel & Spa

Saturday 15th June 2013	Activities	Location
9.00 - 9.45 am	BREAKFAST	Aegialis Hotel & Spa
10.00 - 11.30 am	dance energy breath (Bortoloso)	Namaste Area
11.45 - 1.00 pm	REHARSAL	Namaste Area
1.15 - 2.00 pm	LUNCH*	Aegialis Hotel & Spa TERRACE
2.00 - 4.00 pm	FREE TIME	Beach/ Swimming-Pool / Spa ☀️
4.30 pm	BUS to Lagada 🚌	
5.00 – 7.30 pm	REHARSAL + PERFORMANCE	Lagada
7.30 pm	BUS to Tholaria 🚌	
8.30 - ...am	PERFORMANCE + DINNER*	Tholaria

*Lunch is included, dinner at own expense





Sunday 16th June 2013	Activities	Location
9.00 - 10.00 am	BREAKFAST	Aegialis Hotel & Spa
11.00 - 12.30 am	workshop of Greek kitchen with Irene Giannakopoulos	Aegialis Hotel & Spa TERRACE
1.00 - 2.00 pm	LUNCH*	Aegialis Hotel & Spa TERRACE
2.00 - 4.30 pm	FREE TIME	Beach / Swimming-Pool / Spa ☀️
4.30 - 6.00 pm	REHARSAL	Namaste Area
7.00 pm - ... am	PERFORMANCE + DINNER*	Aegialis Harbour

*Lunch is included, dinner at own expense

Monday 17th June 2013	Activities	Location
8.00 - 9.00 am	BREAKFAST	Aegialis Hotel & Spa
9.30 am - 5.00 pm	TOUR of Amorgos	Visit to Chora - Chosoviotissa Monastery - Agios Valsamiths - Asfondilitis
5.00 - 8.00 pm	FREE TIME	Beach / Swimming-Pool / Spa ☀️
9.00 pm	DINNER	Aegialis Hotel & Spa TERRACE
10.00 - ... am	FAREWELL PARTY	Aegialis Hotel & Spa TERRACE

